



# Shorelines

F8IYC.COM

AUG/SEP 2016

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**PLUS: DON'T MISS THE HERITAGE CELEBRATION** See details on page 7

## DINING HOURS

### COFFEE, CONVERSATION AND THE DAILY NEWS

Seven days a week through  
Labor Day. Saturday & Sunday  
after Labor Day  
7:30 – 10:30 AM  
In the lounge. Complimentary  
to members and their guests.

### SMOOTHIES IN THE HELM

Seven mornings a week  
through Labor Day.  
7:30 – 10:30 AM

### LUNCH IN THE HELM

Seven days a week through  
Labor Day.  
11:00 AM – 3:00 PM  
At the pool, on the deck  
and in the Helm

### DINNER IN THE HELM

Tuesday – Sunday 6:00 – 9:00 PM  
through Labor Day.  
Thursday – Sunday 6:30 - 8:30 PM  
after Labor Day.

### DINNER AT THE POOL

Friday & Saturday nights  
through Labor Day.  
6:00 – 9:00 PM

### RESERVATION POLICY

The club strongly suggests  
reservations for dinner. However,  
we will make every attempt to  
accommodate any member wishing  
to dine with us. Walk-ins and  
late reservations will be accepted  
on a space available basis.

### CANCELLATION POLICY

If a reservation for a special event  
(where the policy is in action) is  
cancelled less than 24 hours before  
the start of the event, then the  
member holding the reservation will  
be billed for 50% of the cost of the  
event. This will apply for each guest  
that the original reservation was made  
for. Cancellations made more than 24  
hours from the time of the reservation  
will not be billed a cancellation fee.

PHONE (910) 686-0631

WEB [www.f8iyc.com](http://www.f8iyc.com)

## MESSAGE FROM YOUR GENERAL MANAGER

**W**ow, what a place to be on the 4th of July! On the most important day in the history of our nation...life, liberty and the pursuit of happiness were on grand display at Figure 8 Island.

We broke bread and pulled BBQ, chomped on corn and watermelon, and washed it all down with sweet tea and maybe a cold beer, or three. ALL were well behaved... I sensed we all felt privileged to be here; proud of our country and proud of our community.

And speaking of community, as this issue of Shorelines takes us through September, I would be remiss were I not to pay due recognition to our club staff for their service over the course of these past few months. The compliments we've received about the food, the service, the activities, and the care and conditioning of our clubhouse and grounds have been abundant and inspiring. For the staff, we thank you for your support and for choosing to have fun, with us, at your club.

I would also like to recognize and thank our two "island partners," Figure 8 Realty and the staff of the Homeowners' Association, for their daily support and camaraderie, and specifically the important contributions they make to the festive 4th of July week that we all enjoy.

Summers not over yet...we have lots of exciting activities planned over the course of August and September, so make your plans now to join us, AND invite lots of family and friends. Here's a snapshot of what you can look forward to...

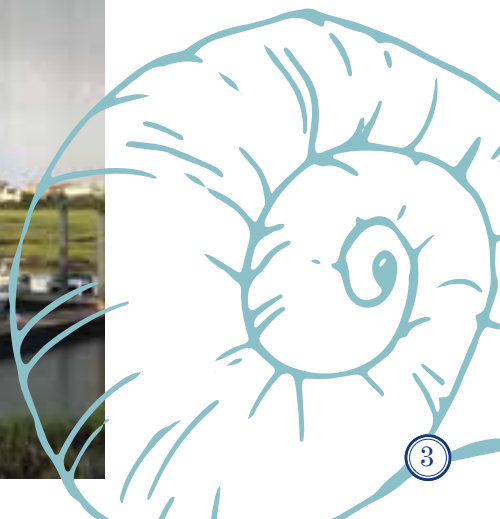
- Friday, August 5 – "Kids Night Out"...Dinner & Dance Party
- Tuesday, August 2, 9 & 16 – Fish Fry's at the Pool
- Friday, September 2 – "Meet & Greet"
- Saturday, September 3 – "Heritage Celebration"... the history of our beloved Figure 8 Island

For the staff, we thank you for your support and for choosing to have fun with us at your club, and hope to see you ALL over the balance of the season, AND BEYOND!

*Peter Gushanas*



SOCIAL SCENE



# August EVENTS

TUESDAYS



## FISH FRY AT THE POOL

6:00 pm  
– 8:30 pm

Through August 16

See page 6 for details.

FRIDAYS & SATURDAYS

## POOLSIDE DINNER

6:00 – 9:00 pm

With swimming until 8 pm!

FRIDAY, AUGUST 5

## KID'S NIGHT OUT DINNER AND DANCE PARTY!

6:00 – 9:00 pm

\$18++ per child

Includes dinner buffet, dessert, games, dancing with DJ Eric and the most FUN ever! Ages 4 and up. Call for reservations early! This event will sell out.

**The 24-hour cancellation policy will apply.**



WEDNESDAY, AUGUST 10

## FINAL BINGO!

6:00 – 8:30 pm

\$25++ per adult

\$12.50++ per child ages 5-12

Complimentary to children under 5

Bingo cards are \$1 each and must be purchased with cash.

Reservations required.



**The 24-hour cancellation policy will apply.**

FRIDAY, AUGUST 12

## FINAL DAY OF KIDS CAMP

Calling all kids... Come for the day, or come for the week! See page 8 for more details.

THURSDAY, AUG 11 & 18

## CAPTAIN'S TABLE

Don't eat alone! Join fellow club members at the Captain's Table. Learn more on page 6.



# SEPTEMBER

- 2 | MEET AND GREET
- 3 | HERITAGE PARTY (see page 7)
- 4 | FINAL CHURCH SERVICE
- 5 | FINAL DAY OF LUNCH

## MEMBER NOTICES

- THE POOLSIDE LUNCH BUFFET WILL BE OFFERED FRIDAY - MONDAY OF LABOR DAY WEEKEND!
- THE HELM WILL ONLY BE OPEN FOR DINNER THURSDAY – SUNDAY EVENINGS FROM 6:30-8:30 AFTER LABOR DAY
- THE CLUB WILL BE CLOSED ON OCTOBER 8 AND OCTOBER 15 FOR PRIVATE EVENTS

## STAFF SPOTLIGHT



**JOSH PEREGOY**

**Head Lifeguard**

### JOSH PEREGOY

Josh was born and raised locally in Hampstead, North Carolina where he went to Topsail High School. While in high school, Josh played football, was on the swim team and ran track. He went on to swim and play football at Greensboro College for two years. He currently attends the University of North Carolina at Wilmington, where he plans on obtaining a degree in Geosciences.

During his time at Topsail High School, completion of a senior project (starting during the junior year) was required. Josh chose lifeguarding as his project. The end goal of the project was to become a certified lifeguard, and to acquire a job in that field. Josh reached this goal when he was hired on to the lifeguard staff at F8IYC. Through years of hard work, dedication and loyalty, Josh is midway through his seventh summer and holds the position of head lifeguard for the second year. He is referred to as “Coach Josh” to all the kids.

In his free time, Josh likes to go out on the boat, visit family, read, and save babies.

# WHAT ARE WE FILMING?

Have you seen the cameras?  
What's going on?

We are creating a fun film about our Club to be shown at the Heritage Event on September 3. Over the past several decades, the Yacht Club (and the island) have grown by leaps and bounds. We will be filming throughout the month. **Don't forget to save Saturday, September 3 on the calendar for the big reveal and party!**

See next page 7 for details.



# FISH FRY at the Pool!

Tuesday nights through August 16  
6:00 pm – 8:30 pm

\$16.95++ per adult (buffet) / \$12.50++ per child under 12

Come one, come all for this fun poolside blast from the past! Fish Fry includes Fried Flounder, French Fries, Cole Slaw, Green Tomato Relish and Hushpuppies

Full Ala Carte Menu also offered for all you "landlubbers."



# Captain's Table

AUGUST  
11 & 18

ONE OR TWO FOR DINNER?

Don't eat alone - join fellow club members at the Captain's Table. Make a reservation as usual but ask to be seated at the Captain's Table in the Dining Room. Come meet new friends!

SAVE THE DATE **SEPTEMBER 3, 2016**



# HERITAGE CELEBRATION

September 3rd from 6:30 – 11:00 p.m.  
\$19.96++ per adult, \$12.50++ per child  
Featuring the Band of Oz  
Reservations Requested

Join us on the West (ceremony) lawn and by the pool for this exciting celebration. There will be several dinner stations to choose from that have offerings from the sea as well as the land, items good for the heart as well as the soul and definitely something for the young as well as the old. Help us celebrate each other, the island and the growth of the Club over the past 20 years. Cocktails and dinner begin at 6:30 and the band will begin at 7:00. Open seating. Come one, come all and don't forget your dancing shoes! Island casual attire.

**FOR MORE INFORMATION EMAIL [ADMIN@F8IYC.COM](mailto:ADMIN@F8IYC.COM)**

NOTE: A la carte dining will not be available this evening. In the event of inclement weather, the event will be moved inside the Club.



# CALLING ALL KIDS...

## COME FOR THE DAY OR SPEND THE WEEK!

### Lil' Skippers (ages 3-5)

**WEEKDAYS** 8:30 AM – 12:00 PM

\$35 per child per day (includes lunch)

### Captain's Club (ages 6-11)

**WEEKDAYS** 8:30 AM – 2:00 PM

\$55 per child per day (includes lunch)

#### August 1-5:

Regular camp schedule

#### August 8-12:

All ages welcome. Camp ends at noon each day.

**Last day of camp: August 12**



For more information, contact **Mari Frost** at

[admin@f8iyc.com](mailto:admin@f8iyc.com) or call the Club at **910.686.0631**

# Bridge Events

## THROUGH SEPTEMBER 2

### SOCIAL BRIDGE: 1:00 PM

Plan on joining the ladies' at the Helm for a fabulous lunch prior to game time and then enjoy party-style bridge until 4 p.m. (No need to bring a partner.)

Please contact Beth Howard at [ehh1@mac.com](mailto:ehh1@mac.com) if you would like to be added to the weekly "Call for Players" email.

(There is a \$5 per person fee to play which included beverages and snacks.)

### MONDAY DUPLICATE: 12:00 PM

\$5 per person

### FRIDAY DUPLICATE: 10:00 AM

\$5 per person

Both the Monday and Friday duplicate games are sanctioned by the ACBL and will award masterpoints to those who place in the top half of their field. If you plan to play in the Monday or Friday duplicate games, please email Gwen Tidwell at [gwentid@aol.com](mailto:gwentid@aol.com)



# PLEASE JOIN US

## Every Sunday at 8:30 am for Church Services in the Yacht Club

Please join us for services each Sunday at 8:30 am in the Yacht Club. During the month of August we will welcome three guest speakers in addition to services led by the Rev. Bob Haywood. On **August 7th** Lyles Webster, who is currently in the Advanced M. Div. program at Southeastern Baptist Theological Seminary, will join us. Lyles served as Campus Minister Intern at Georgia Tech and is the son of island residents Lee and Alf Webster. On **August 14th** Dr. Greg Nelson will be our speaker. Dr. Nelson is a physician in Rocky Mount, NC, and an island resident. On **August 28th** the Rev. Steve Hein of Wilmington will conduct the service. Rev. Hein is the retired minister of St. Andrews-Covenant Presbyterian Church. The Rev. Bob Haywood will continue his series on the Beatitudes on **August 21st**. Join us on Labor Day weekend, Sunday, **September 4th**, for the final service of the season for our island church. The service will begin at 8:30 am in the Yacht Club and will be led by the Rev. Bob Haywood.





# SURF CAMP

WITH DOUGLAS EVANS

Surf lessons offered daily for people of all ages! Be up and surfing in no time with experienced instructors. Lather on the SPF and grab your surf shirt, boards are provided!

## CAMP

Tuesday, Wednesday, and Thursday  
Beach Path 8 (73 Beach Road South)  
\$50 per person, 2 sessions:  
8:30–10:00 am / 10:30 am–12:00 pm

## PRIVATE LESSONS

Scheduled on off camp times  
\$60 per hour per person  
(\$20 for the next hour)  
**Group rates available**

**Contact Douglas at 910-512-4411  
to schedule lessons!**

# F8IYC TENNIS

**Adult Tennis Clinics \$25.00**

Monday-Thursday: 9:00 AM – 10:30 AM  
Friday-Saturday: 9:00 AM – 11:00 AM

**Children's Tennis Clinics  
\$15.00**

Monday-Thursday:  
10:30 AM – 11:30 AM  
Friday-Saturday:  
11:00 AM – 12:00 PM

**Private Lessons \$55 / Hour**

**Jeff Kohl – Tennis Director**  
tennis@f8iyc.com, 910-264-8342

*Please remember: no running shoes allowed on soft courts*



WELLNESS WITHOUT WALLS

## SUMMER SCHEDULE

### WATER AEROBICS

8:30 am Deep Water  
9:15 am Shallow Water  
Monday - Saturday  
Instructors: Kathy, Lisa & Julia  
**Complimentary to our members**

### BARRE & ZUMBA

Tuesday  
Barre @ 4:00 pm  
Zumba @ 4:45 pm  
Instructor: Tara

### TOTAL BODY SCULPT

Tuesday & Thursday  
9:30 am  
Instructor: Lisa

### TRX

Tuesday & Friday  
11:30 am  
Instructor: Crystal

### YOGA:

Beginner @ 9:30 am  
Gentle @ 10:30 am  
Instructors:  
Monday - Deby  
Wednesday & Friday - Cari

### SCULPT & STRETCH

Saturday @ 9:30 am  
Instructor: Blair

### MINDFUL MEDITATION

Saturday @ 10:30 am  
Instructor: Blair

### PILATES

Tuesday & Thursday  
10:30 am  
Instructors:  
Tuesday - Rhonda  
Thursday - Lourdes

## CLASS PACKAGE FEES

25 Class Pass (\$8 Each Class).....\$200  
10 Class Pass (\$10 Each Class).....\$100  
5 Class Pass (\$13 Each Class).....\$65  
1 Class Drop-In.....\$15

**Once a member purchases a package a stamp card  
will be kept in the Yacht Club to track classes used.  
Packages expire September 5, 2016.**



# St. Louis-Style Pork Spare Ribs



## Ingredients

2 Tbsp.	Kosher Salt
4 Tsp.	Dried Thyme
1 Tbsp.	Coarse Ground Black Pepper
3 Tbsp.	Celery Seed
4 Tbsp.	Paprika
3 Tbsp.	Onion Powder
5-8 pounds	Spare Ribs
1 ½ quart	BBQ Sauce (recipe below)

## Directions:

1. Before applying the rub, remove the white membrane from the back (bone) side of the ribs by pulling it with your hands.
2. Combine the salt, thyme, pepper, celery seed, paprika and onion powder in a medium bowl. Rub the mixture evenly over the spare ribs. Rest the ribs, covered, in the refrigerator for eight hours or overnight.
3. Preheat smoker/grill/oven to 195 degrees.
4. Cook the ribs until the meat pulls away from the rib tips by 3/8 inch to ½ inch, about 4.5 hours. The meat should easily slide off the bone and the bone should appear dry within 10 to 15 seconds.
5. Remove the ribs from the smoker. Brush both sides with some of the BBQ sauce. Place the ribs presentation (meat) side down on the hot grill. Grill undisturbed until the sauce begins to caramelize. Turn the ribs over and grill until the sauce on the second side begins to caramelize.
6. Portion the ribs and serve with BBQ sauce and coleslaw.

## BBQ Sauce

1 Quart	Ketchup
9 oz.	White Wine Vinegar
4 oz.	Water
½ Cup	Brown Sugar
2.5 oz.	Worcestershire Sauce
1 Tsp.	Paprika
2 Tbsp.	Chili Powder
2 Tbsp.	Dry Mustard
2 Tsp.	Kosher Salt
1 ½ tsp.	Cayenne Pepper

## Directions:

Combine all of the ingredients in a blender and process until smooth. Refrigerate sauce after use. You can hold the sauce under refrigeration for up to 3 weeks.





**JUDY PARLATORE • KIRRA SUTTON • JO EL SKIPPER**

**TOLL FREE:** (800) 279.6085 **LOCAL:** (910) 686.4400 **FAX:** (910) 686.1174

**EMAIL:** judy@figure8island.com **WEB:** www.figure8island.com



**1 SALTERS ROAD**  
MARSH FRONT  
**\$1,950,000**

4 Bedrooms/3 Baths



**14 SANDY POINT**  
SOUND FRONT  
**\$2,295,000**

4 Bedrooms/4 Baths



**264 BEACH ROAD NORTH**  
OCEAN FRONT  
**\$3,950,000**

5 Bedrooms/5 Baths



**230 BEACH ROAD NORTH**  
OCEAN FRONT  
**\$3,195,000**

6 Bedrooms/5 Baths



**281 BEACH ROAD NORTH**  
MARSH FRONT  
**\$2,300,000**

4 Bedrooms/3.5 Baths



**90 BEACH ROAD SOUTH**  
OCEAN FRONT  
**\$5,200,000**

4 Bedrooms/5.5 Baths

Prices subject to change, please visit us at figure8island.com for the latest sales information!



**WELLS FARGO**  
CHAMPIONSHIP

**The PGA is hitting the beach in 2017!**

Please contact us if you are interested in renting your home during the tournament May 1-7, 2017. Let us put our property management expertise to work for you!

**TOLL FREE:** (800) 279.6085 **LOCAL:** (910) 686.4400

**EMAIL:** judy@figure8island.com



**FIGURE 8 YACHT CLUB**  
15 BRIDGE ROAD  
WILMINGTON, NC 28411



#### CONTACT INFORMATION

**YACHT CLUB OFFICE** 910.686.0631

**YACHT CLUB OFFICE FAX** 910.686.2441

**FIGURE 8 BEACH HOMEOWNER'S ASSOCIATION** 910.686.0635

**FIGURE 8 REALTY** 910.686.4400

**GATEHOUSE & BRIDGE** 910.686.7747

#### ONLINE

[WWW.F8IYC.COM](http://WWW.F8IYC.COM)



**LIKE US! FIGURE-8-ISLAND-YACHT-CLUB**

#### STAFF EMAIL ADDRESSES

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